



SIDDHARTHA'S INTENT EUROPE e.V.

Dear SI sangha,

happy Guru Rinpoche Day! We have some good news to share with you. Dzongsar Jamyang Khyentse Rinpoche has mentioned on many occasions the importance of group feast practice as well as the idea that we could meet online as a sangha. We're starting off with hosting free online group feast practice on Guru Rinpoche- and Dakini Days. Hanna has kindly agreed to lead the practice. We are very happy to invite you to our first webinar feast practice on February 24. Space is unlimited.

What: Live Webinar—Dakini Day Group Feast Practice
When: Monday, February 24th at 7pm till 9 pm (Berlin time)
Practice: Mipham Rinpoche's „Shower of Blessing“
Description: learn more about the benefits of group feast practice
Presenter: Hanna Ebinger
Language: English only

To be able to attend the webinar based event please send an email to contacteurope@siddharthasintent.org. We will then add you to the Tsok mailing list so you will receive regular invitation mails for the online tsoks. The invitations will be send a few days in advance, please make sure we have received your email until February 20, if you want to attend the first online feast on the 24th. For more details about the online tsoks in general please see the attached PDF.

As celebrating Tsok together has a lot to do with generosity, purification and creating merit we would be very happy if you could consider making small donations that could be used for the Tsok itself and for the technical resources that are necessary. In that way the participants will establish an additional connection to the practice despite the one created through the internet. We will of course provide details about donations received and actual costs on a regular basis to give you an overview and keep things transparent. Details about how to donate for the Tsok will be announced in the Tsok invitations.

Talking about donations, let's take a short moment to reflect about this topic as it is quiet essential on the Buddhist path. Rinpoche was explaining it beautifully in Khyentse Foundation's annual report 2011:

There is a reason why, when we learn the six paramitas, generosity always comes first. As human beings we are so impatient, we want instant gratification, instant happiness, instant results. We often hear that if you are generous, in the future you will be rich. But that's just a very simplistic way of explaining things. If you really think deeply about the practice of generosity, you see that it not only causes future happiness, the practice itself is instant happiness. When young children are asked to give something, they give it with such joy—giving is part of who we are. Even though many of us may have hidden agendas when we give presents, still the act of giving can bring so much joy and satisfaction.

You can be generous and let people know that it is you who is doing the giving and you will be happy. Or you can perform acts of generosity without anyone knowing. Often your joy will increase even more when you keep your generosity secret. And of course there is no need to explain that if generosity is accompanied by the wisdom of nonduality, this is the supreme deed of the bodhisattvas. So it is really understandable that, of all the six paramitas, generosity is taught first. It instantly gives us the blessing of joy.

When somebody is generous toward us we feel so touched and rejoice in their generosity. The same must occur when we are generous to others.

SI Europe is not interested in collecting a lot of money but we think it is important for the sangha to have opportunities to accumulate merit through generosity, which is the first of the six perfections (six paramitas). Giving is one of the essential preliminary steps of our practice – no matter if the amounts are big or small, if it is a donation of time, energy, love, care or something else – donating and practicing generosity includes so many teachings: to let go of attachment, reflect on impermanence, cultivate compassion and kindness to only name a few. It is really vast.

We as the board of SI Europe will have no choice but to ask you for support from time to time to be able to make projects become reality and it will depend on all of us, our contribution, and our generosity on all levels then, if we will be able to set up a seminar, do regular online Tsoks, offer you an up-to-date website or on much larger scale hold an event with Rinpoche somewhere in Europe. We will at all times try to keep especially the financial part as transparent and clear as possible.

All for today. Stay tuned for more news. We do look forward hopefully “seeing” many of you soon online.

Love,
Gregory, Werner and Simone

PS: All your feedback is welcome, please email to contacteurope@siddharthasintent.org.

If you do not want to receive future emails from us please simply reply to this email stating UNSUBSCRIBE in the title.

Liebe SI Sangha,

happy Guru Rinpoche Day! Wir haben gute Nachrichten für euch. Dzongsar Jamyang Khyentse Rinpoche hat oft erwähnt, wie wichtig Gruppen Tsok Praxis ist, und auch vorgeschlagen, wir könnten für die Sangha eine Online-Variante anbieten. Wir beginnen jetzt seinem Wunsch folgend mit einem Online-Tsok an Guru Rinpoche- und Dakini Tagen. Hanna hat sich freundlicher Weise dazu bereit erklärt, die Praxis zu leiten. Das erste Webinar findet am 24. Februar statt und ihr seid alle sehr herzlich dazu eingeladen. Die Teilnehmerzahl ist nicht begrenzt.

Was: Live Webinar—Dakini Tag Online Tsok
Wann: Montag, 24. Februar von 19.00 bis 21.00h (Berlin Zeit)
Praxis: Mipham Rinpoches „Shower of Blessing“
Beschreibung: erfahrt mehr über den Nutzen der Tsok-Praxis
Leitung: Hanna Ebinger
Sprache: Englisch (ausschließlich)

Um am Webinar teilnehmen zu können, schickt bitte eine Email an contacteurope@siddharthasintents.org. Auf die Weise werdet ihr Teil der Tsok-Mailingliste und bekommt dann regelmäßige Einladungsmails für die Online-Tsoks. Um am 24. dabei zu sein, schickt bitte eure Emails bis zum 20.2. an uns. Weitere Informationen zu den Online-Tsoks findet ihr im PDF im Anhang.

Tsok zu feiern, hat viel mit Großzügigkeit, Reinigung und Verdienst zu tun, daher würden wir uns sehr freuen, wenn ihr möglicherweise kleine Spenden für den Tsok und die zur Durchführung notwendigen technischen Grundlagen machen könntet. Auf diese Weise würden die Teilnehmer neben der Internetverbindung eine zusätzliche Verbindung zur Praxis aufbauen. Wir werden selbstverständlich alles transparent handhaben und regelmäßige Informationen zu Einnahmen und Kosten veröffentlichen. Alle Details, wie gespendet werden kann, entnehmt ihr bitte den Tsok-Einladungsmails.

Wo wir gerade über Spenden sprechen, laßt uns die Gelegenheit nutzen, kurz noch etwas über das Thema nachzudenken. Es ist ein ziemlich wesentlicher Bestandteil des buddhistischen Pfads. Rinpoche hat es im Annual Report 2011 der Khyentse Foundation sehr schön erläutert:

There is a reason why, when we learn the six paramitas, generosity always comes first. As human beings we are so impatient, we want instant gratification, instant happiness, instant results. We often hear that if you are generous, in the future you will be rich. But that's just a very simplistic way of explaining things. If you really think deeply about the practice of generosity, you see that it not only causes future happiness, the practice itself is instant happiness. When young children are asked to give something, they give it with such joy—giving is part of who we are. Even though many of us may have hidden agendas when we give presents, still the act of giving can bring so much joy and satisfaction.

You can be generous and let people know that it is you who is doing the giving and you will be happy. Or you can perform acts of generosity without anyone knowing. Often your joy will increase even more when you keep your generosity secret. And of course there is no need to explain that if generosity is accompanied by the wisdom of nonduality, this is the supreme deed of the bodhisattvas. So it is really understandable that, of all the six paramitas, generosity is taught first. It instantly gives us the blessing of joy.

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SI Europe hat kein Interesse daran, große Reichtümer anzusammeln, aber wir denken, es ist wichtig, der Sangha Gelegenheiten zu bieten, um Verdienst durch Großzügigkeit, die erste der sechs Vollkommenheiten (Paramitas) anzusammeln. Geben ist einer der wesentlichen vorbereitenden Schritte unserer Praxis – egal ob die Beträge groß oder klein sind, ob es ein Geben von Zeit, Energie, Liebe, Zuwendung oder etwas anderem ist – Spenden und Großzügigkeit praktizieren beinhaltet so viele Belehrungen: Anhaftung loslassen, über Vergänglichkeit nachdenken, Mitgefühl und Freundlichkeit üben, um nur einige zu nennen. Die Bandbreite ist wirklich enorm.

Wir als Vorstand von SI Europe werden keine Wahl haben, sondern euch von Zeit zu Zeit immer wieder um Unterstützung bitten müssen, um Projekte Wirklichkeit werden zu lassen. Und es wird dann von uns allen, von unserer Mitwirkung und unserer Großzügigkeit auf allen Ebenen abhängen, ob wir es schaffen werden, ein Seminar anzubieten, regelmäßige Online-Tsoks durchzuführen, die Website auf dem neusten Stand zu halten oder – viel größer gedacht – eine Veranstaltung mit Rinpoche irgendwo in Europa möglich zu machen. Wir werden dabei natürlich immer versuchen insbesondere den finanziellen Part so klar und transparent wie möglich zu kommunizieren.

So viel für heute von uns. Wir melden uns bald wieder. Bis hoffentlich demnächst beim Online-Tsok!

Liebe Grüße

Gregory, Werner and Simone

PS: Wir freuen uns weiterhin über euer Feedback, bitte mailt einfach an contacteurope@siddharthasintent.org.

Wenn ihr diese Mails künftig nicht mehr erhalten möchtet, antwortet bitte einfach auf diese Email mit dem Betreff UNSUBSCRIBE.

<webinar tsok invitation.pdf>